

# Sustainable Cities and Communities

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**11** SUSTAINABLE CITIES  
AND COMMUNITIES



# What is sustainability

**Sustainability means the ability to maintain or support a process continuously over a period of time and also means to support people's needs today and in the future while making money without affecting the environment.**



# Sustainable cities and communities

For Cities and Communities to be sustainable, that means that they protect the rights of their people such as the right to have access to housing, green spaces, quality public transport and protection over national heritage. It also means that it is an urban centre engineered to improve its environmental impact through urban planning and management.

Urbanization is the process of making a city or community more populated. Some countries such as Sri Lanka are not very urbanized. Only 19.03% of Sri Lanka is urbanized. Other places like Hong Kong are very urbanized. 95.22% of Hong Kong is urbanized.



# Urban growth

Urban growth also known as urbanization, occurs when there is a shift in population from a rural setting to an urban one, causing certain areas to become densely populated with weak infrastructure and poor services, this leads to air pollution and uncontrollable urban growth. Cities only occupy 3% of the earth but they use up between 60 and 80% of energy consumption.

## What's the solution

*Since 2015 the number of countries with national disaster risk reduction strategies has more than doubled. to achieve SDG 11, efforts must focus on strengthening capacities for planning for urban development. Improving access to public transportation and enhancing waste management.*

*Any donation big or small could change somebody's life. If you can try to help out kids, adults, elderly and animals. Support experts by buying products from developing countries.*

*Try to help people in your own time!!*





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